

Early Inflammatory Arthritis Referral Form: RA, Lupus (SLE)

Please use this form if you believe your patient requires rapid assessment of their inflammatory arthritis signs & symptoms. Dr Shibuya will assess your patient within 3-4 weeks of receipt of these completed forms (2).

Rheumatoid Arthritis (RA) and lupus (SLE) are examples of chronic, inflammatory arthritis conditions that cause swelling of the joints and can eventually lead to **PERMANENT** joint damage, deformity and disability. Your primary care doctor is concerned that you may have an inflammatory arthritis, like rheumatoid arthritis or lupus, based upon the following symptoms:

- You have more than 3 tender or swollen joints (hands, wrists or feet) that has persisted over the past month.



- You have more than 30 minutes of morning stiffness (time it takes for your joints to limber up in the AM). Patients with inflammation arthritis often use warm water or stretching exercises to loosen their joints up in the morning.
- You have had “abnormal” blood tests (RF, anti-CCP, ANA) or x-rays demonstrating an inflammatory arthritis in the past.
- You are concerned that you may have RA or lupus. (You have a family history of RA or lupus)
- You have been previously diagnosed with RA or SLE (lupus) by Dr _____
- Other notes: _____
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Inflammatory Low Back Pain (Spondylitis)?

Low back pain is a common symptom that affects most adults at some point in their lives. Most cases of low back pain are due to muscular strains or degenerative joint disease (DJD). Less common forms of arthritis are inflammatory in nature and present with different symptoms and are usually more debilitating. Your PCP is concerned you may have an inflammatory spondylitis (back pain syndrome) based upon the following symptoms:

- You have had low back pain or stiffness starting BEFORE the age of 40, which persists, even intermittently, today.
- You have at least 30 minutes of morning stiffness (time it takes for your joints to limber up in the AM). Patients with inflammation arthritis often use warm water, heat, chiropractors or exercises to loosen their joints up in the morning.
- You notice your low back pain or stiffness more in the morning, or after periods of inactivity (like after a long car ride), and it improves with stretching exercises, heat or a warm shower.
- You have also been diagnosed with iritis/uveitis, psoriasis, Crohn’s disease/colitis or dactylitis (sausage digits) in the past.

Ophthalmologist: Dr _____

Dermatologist: Dr _____

Gastroenterologist: Dr _____

Podiatrist: Dr _____

- Other notes: _____
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Early Inflammatory Arthritis Referral Form:

To: Barry Shibuya, M.D. – Rheumatology

3775 Beacon Ave, Suite 100, Fremont, CA 94538

Office: 510-791-1300 / Fax: 510- 791-1301 / www.DrShibuya.com

Date: _____

From: _____ M.D. / P.A. / N.P.

Re: Patient: _____ DOB: _____

Home # _____ Work/Cell # _____

Please include the following information so that our office can schedule your patient as soon as possible:

Referral request, if required by the insurance plan: Alameda Alliance, Hills, HMO: _____

Copy of the patient's **insurance card(s) and photo ID**; if patient has Medi-Cal, please send a copy of the Medi-Cal card

Patient's **preferred language** to communicate in is: English, Spanish, Mandarin, Vietnamese, or _____

Interpreter required? YES No

Lab work as it relates to the reason for referral: ANA, RF, anti-CCP, ESR, CRP, etc

Quest, Labcorp, Hunter, Washington Hospital or: _____

X-rays, CT scan, MRI and or DEXA reports as it relates to the reason for referral

NorCal Imaging, InView, Silicon Valley, Washington Hospital or : _____

Other reports (consultants – rheumatologist, orthopedics, physiatrist, ophthalmologist, dermatologist, gastroenterologist, pulmonologist, cardiologist, hematologist, nephrologist, pathology, biopsy reports, etc)

Please also ask your patient to visit www.DrShibuya.com for

1. Directions to our office
2. Download our New Patient Registration Forms [Your 1st Visit] tab, and bring the completed forms to their appointment
3. To learn more about rheumatoid arthritis, lupus and the over 100 other forms of arthritis, visit [Disease Info] Page, some content in Spanish also.

Yours in health,
Barry Shibuya, MD

*Last Updated 06/08/2012