What diseases does a RHEUMATOLOGIST treat?

Rheumatologists treat arthritis, certain autoimmune diseases, musculoskeletal pain disorders and osteoporosis. There are more than 100 types of these diseases...


About Northern California Rheumatology Society (NCRS)

The mission of the NCRS is to provide for the advancement of the care of patients with rheumatic and related diseases, through the professional development of its members, via educational programs on recent scientific advances in the field and practice of rheumatology and related medical specialties.

We conduct educational programs and workshops on recent scientific updates to the physician members.

Furthermore, we also provide free educational seminars to the general public.

Last but not least, we fundraise and setup a Co-pay Assistance Fund to support and provide temporary financial relieve for those who are diagnosed with a rheumatic-related diseases, and are under-insured in the Northern California community.

Please visit www.NorCalRheumatology.org for details.

Saturday, May 7, 2016
8:00 AM - 3:00 PM

DoubleTree by Hilton Hotel Newark-Fremont
(near 880 & Stevenson Blvd)
39900 Balentine Dr,
Newark, CA 94560
What is a RHEUMATOLOGIST?

A rheumatologist is a medical specialist in musculoskeletal disorders who diagnoses and treats arthritis and other diseases of the joints, muscles and bones. Most often, a patient is referred to a rheumatologist by the Primary Care after presenting symptoms of swelling and pain in joints, muscles and bones.

What Training do Rheumatologists Have?

4 years of medical school + 3 years of internal medicine training + additional 2 or 3 years of specialized rheumatology fellowship program

When Should You See a Rheumatologist?

Many types of rheumatic diseases are not easily identified in the early stages. Rheumatologists are specially trained to do the detective work necessary to discover the cause of swelling and pain. It’s important to determine a correct diagnosis early so that appropriate treatment can prevent long term disability.

Because some rheumatic diseases are complex, one visit to a rheumatologist may not be enough to determine a diagnosis and course of treatment. These diseases often change or evolve over time. Rheumatologists work closely with patients and their Primary Care to identify the problem and design an individualized treatment program.

Symposium Agenda 5/7/2016

7:30 a.m. Registration / Breakfast
8:15 a.m. Welcome & Opening Remarks
(There will be 2 Talks going on at the same time, please plan accordingly)

8:30-9:15 Basic Immunology
   ~Jennifer Lee PhD.
8:30-9:15 Osteoarthritis
   ~Sabiha Rasheed MD

9:20-10:05 Scleroderma & Raynald’s
   ~Robert Su MD
9:20-10:05 Lupus ~Christine Elias MD

Morning Break & Exhibit

10:30-11:15 Gout ~Sabiha Rasheed M.D.
10:30-11:15 Rheumatoid Arthritis
   ~Neelakshi Patel MD

11:20 – 12:05 Osteoporosis
   ~Vidya Parameswaran MD
11:20 – 12:05 Spondyloarthritis
   ~TBD

Lunch & Exhibit

1 p.m- 2:30 Integrative Holistic Health in Rheumatology & Pain Management -- life style changes, nutrition, physical activities, joint protection etc. ~Barry Shibuya MD & Preetha Nair PT

2:30 – 3pm Health Insurance Q & A

*Topics and Speakers may change, please visit NCRS website for updated information